Learning from Challenges

Good for you, you're trying to do something that is hard (challenging).
Enjoy the challenge. Have fun with it.
You can do it.
You're working hard.
Don't give up./Keep trying.
Keep at it./Do your best.
Hang in there./You're getting there.
You didn't give up./You kept trying.
You're trying.
Keep trying, don't give up, you're growing your brain.
Even when it got hard, you didn't give up.

I can see you worked hard on that.
Learning to work through this hard task grows your brain.
You were frustrated, you took a deep breath, and then tried again.
Let's take a break and try again in a bit.
Let's try this together.
What tools do you need?
What question(s) do you have?
What did you learn?
How can I help?
How does it feel to work through that hard problem/task?
How does it feel to overcome that challenge?

Learning from Mistakes

Great! You made a mistake. Now you get to learn from it.
Mistakes help us learn.
Try again.
You made a mistake. Now you get to try again.
Learning from your mistakes grows your brain.
You get to try again.
Try something different.

Learning from this mistake will grow your brain.
I can see you learned from your mistake and did something different this time.
What can we learn from this mistake?
What did you learn from making that mistake?
How does this mistake help you?
What will you do differently next time?
How does it feel to make a mistake, learn from it, and grow your brain?

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